

# What you can do

There are many ways to get involved in the fight against deep integration. We encourage citizens to become informed about the issues, and to find creative ways to ensure that the Canadian government gets the message that further integration with the United States is not acceptable.

## Here are some ideas to get you started.

- 1. Get in touch with your Member of Parliament and the Prime Minister.** Write a letter or make a phone call to let them know your views on deep integration.
- 2. Write a letter to the editor.** This is a good way to share information and get your views out to a larger audience. One of the concerns with the push for deep integration is that mainstream media is not critically analyzing how the government is forging closer ties with the United States, and when they do write about the topic, they most often quote government and big business representatives.
- 3. Sign a petition or a postcard against deep integration.** Visit [www.canadians.org](http://www.canadians.org) to download a postcard protesting against deep integration. Send your postcard in and we will include it with the thousands of others we have received, and deliver them to Parliament in the near future.
- 4. Hold a meeting.** The Council of Canadians can help you find speakers and provide materials for a general discussion about deep integration. Many communities across Canada are having these meetings as a way to help Canadians become better informed about the issues.
- 5. Join the Council of Canadians.** The Council is Canada's largest citizens' watchdog organization with more than 70 local chapters across the country. We work to protect Canadian independence by promoting progressive policies on fair trade, clean water, energy security, public health

care, and other issues of social and economic concern to Canadians. The Council does not accept money from corporations or governments. We are sustained by the volunteer energy and financial assistance of our members.

For more information about the Council of Canadians and our campaigns, check out [www.canadians.org](http://www.canadians.org), or call us at 1-800-387-7177.

